



**WELCOME TO THE  
Voice of America Park Walking Club!  
Walk for Fun, Fitness and Friends...  
All ages and fitness levels welcome!**

**Mileage Log\***

**Walks held every Tuesday/Thursday/Saturday  
at 9am  
beginning March 6, 2010  
weather permitting  
(when in doubt, call 755-4402 option 2)**

**Contact information:  
Terry Martin at [terrymartin25@hotmail.com](mailto:terrymartin25@hotmail.com)**

**\*Report mileage at the beginning of each month to Terry's  
email address listed above!**

**Voice of America Park Walking Club 2010  
Mileage Record**

**January 2010**

January 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total January Loops \_\_\_\_\_ Total January Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**February 2010**

February 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ Total February Loops \_\_\_\_\_

Total February Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**March 2010**

March 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total March Loops \_\_\_\_\_ Total March Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**April 2010**

April 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_

Total April Loops \_\_\_\_\_ Total April Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**May 2010**

May 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total May Loops \_\_\_\_\_ Total May Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**June 2010**

June 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total June Loops \_\_\_\_\_ Total June Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**July 2010**

July 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total July Loops \_\_\_\_\_ Total July Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**August 2010**

August 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total August Loops \_\_\_\_\_ Total August Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**September 2010**

September 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ Total September

Loops \_\_\_\_\_ Total September Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**October 2010**

October 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total October Loops \_\_\_\_\_ Total October Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**November 2010**

November 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_ 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_

Total November Loops \_\_\_\_\_ Total November Miles \_\_\_\_\_ (number of loops X 1.42 miles)

**December 2010**

December 1, \_\_\_\_\_ 2, \_\_\_\_\_ 3, \_\_\_\_\_ 4, \_\_\_\_\_ 5, \_\_\_\_\_ 6, \_\_\_\_\_ 7, \_\_\_\_\_ 8, \_\_\_\_\_  
9, \_\_\_\_\_ 10, \_\_\_\_\_ 11, \_\_\_\_\_ 12, \_\_\_\_\_ 13, \_\_\_\_\_, 14, \_\_\_\_\_ 15, \_\_\_\_\_ 16, \_\_\_\_\_  
17, \_\_\_\_\_ 18, \_\_\_\_\_ 19, \_\_\_\_\_ 20, \_\_\_\_\_ 21, \_\_\_\_\_ 22, \_\_\_\_\_ 23, \_\_\_\_\_ 24, \_\_\_\_\_  
25, \_\_\_\_\_ 26, \_\_\_\_\_ 27, \_\_\_\_\_ 28, \_\_\_\_\_ 29, \_\_\_\_\_ 30, \_\_\_\_\_ 31, \_\_\_\_\_

Total December Loops \_\_\_\_\_ Total December Miles \_\_\_\_\_ (number of loops X 1.42 miles)